



Disclaimer: Map is purely indicative. Every effort has been made for accuracy however Gosford City Council, Wyong Shire Council and the RTA accept no responsibility as a result of this publication for any inaccuracies.

Forests NSW data has been used in this map. Forests NSW is the owner of this data.



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**Legend**

- ON ROAD CYCLEWAY
- INFORMATION
- ON ROAD CYCLE ROUTES
- ROADS
- WATERWAYS
- RAILWAY
- OPEN SPACE
- URBAN ENVIRONMENT
- RIDE ROUTE

Distance: 92.25km  
 Road Surface: On Road with sections on shared paths  
 Difficulty Rating: Hard  
 (For experienced road cyclists only)

For info in where to stay and what to see visit [www.cctourism.com.au](http://www.cctourism.com.au)

	TRAIN STATION		FERRY
	BIKE SHOP/HIRE		SERVICE STATION
	BIKE LOCKERS		TOILETS

## Ride Directions

**START** Ettalong Ferry Wharf Bike Parking rails

- L Ocean View Road 0.1km
- L Broken Bay Road > West St Umina. 2.5km
- R Into Ocean Beach Road 3.5km
- R Into Railway St, Woy Woy 8.0 km > across footbridge towards Point Clare.
- R Downhill before Kurrawa bridge and exit parallel with the railway line.
- > To the Sea Scouts 13.7km.
- L At Sea Scouts via cycleway railway underpass 15.2kms
- R At cycleway intersection 17. 4kms
- L Into Yallambee Road on road cycleway ( Ensure you turn down the left hand side of the road and cross onto the shared path after the Gosford RSL vehicle ingress.
- R At Central Coast Highway/Yallambee Rd intersection (Keep Left as it is a blind corner).
- X Central Coast Hwy onto cycleway leading to McGowan Bridge > past the swimming pool to the Sailing Club.
- X Pedestrian X ing 20.9km
- L Duke St.
- L Into Frederick St 22km.
- R At The Central Coast Hwy past the bike shop.
- R Into Webb St
- L Adelaide St 23.0 km L: Russell St 23.5km
- R Onto Barralong Road 30.km
- > Terrigal Drive.  
 Squeeze Point at 28.4km at Medical Centre (Take the whole lane to ensure safety for 20m).  
 BBQ rest area at the Tourist Information Centre 33.1km  
 squeeze point - no road Shoulder 33.0km
- L Across bridge onto Ocean View Rd 33.8km

No road shoulder/cycle lane on bridge. Take care.

- R Onto The Central Coast Hwy at roundabout 36.4km
  - > Along The Central Coast Hwy
  - L Into Coral St, The Entrance 48.9km.
  - R Into Wilfred Barrett Dr across bridge. Stop sign in the path of travel at Oleander and Wilfred Barrett Drive.
  - L Into Budgewoi Rd
  - R At Ouringo Dr/Budgewoi Rd roundabout 62.4km
  - > Elizabeth Bay Dr.  
 Take care sections do not have a road shoulder.
  - > To the Elizabeth Bay Beach Store roundabout 66.8km.  
 Rest Area here.  
 100m from the store across the road in the National Park.  
 Return via the same route towards The Entrance and Gosford.
  - L Into Budgewoi Rd > Wilfred Barrett Dr The Entrance 71.1km  
 Sections along Wilfred Barrett have raised pavement markers in the line of travel.
  - L Into Coral St, The Entrance 84.5km
  - > Marine Pde. R: into Fairport Ave 85.0km.
  - R Into Denning St
  - L The Central Coast Hwy 85.63km
  - > The Central Coast Hwy to Ocean View Rd, Terrigal
  - R Terrigal Dr > Barralong Rd.
  - > Back to Ettalong Beach via the same route
- FINISH** 92.23 km.

