



Legend

-  MAIN ROADS
-  URBAN ENVIRONMENT
-  NATIONAL PARKS
-  WATERWAYS
-  COASTAL OPEN SPACE
-  RIDE ROUTE
-  OFF ROAD TRACK
-  ROUNDABOUT
-  TOILETS
-  CAFE/ RESTAURANT
-  BIKE SHOP
-  TRAIN STATION

Ride Directions

Distance: 37.5kms
Surface: Off road
Level of Difficulty: Difficult

Ideal for those seeking some challenging off road bush trails with the option of a BBQ.

START: This ride starts from the Gosford Visitors Centre bike rail.

Heading south turn right into Erina St

L: Into the Baker St car park

>: Through the roundabout past the Leagues Club

R: Into Georgiana Terrace

L: Into Dane Dr and cross at the crossing onto the stadium

Take the shared path past the stadium under the Brian McGowan Bridge & onto the shared cyclepath to the pedestrian crossing at Masons Pde

>: To Duke St

>: Into Duke St the left into Frederick St

Take the shared path past the bike shop and primary school

R: Into Webb St. 200m into Adelaide St

L: Adelaide St. thru lights to Russell St. 3.82km

R: Into Russell St, East Gosford 4.06km

L: Into George St/The Central Coast Hwy 4.33km
>: To the second set of traffic lights and X on the green bike lantern
R: Avoca Dr 6.00km
L: Into Koolang Rd then turn right and > up greenway back onto Avoca Dr. 7.72km
>: Avoca Dr
* Take care after the Davistown roundabout no road shoulder exists here
L: Into Bungoona Rd 12.46km
L: Into Kincumber St 12.66km
R: Island View Dr
L: At reservoir (water tank) and locked gate 13.54km

START: Mountain bike ride here

* Be careful of walkers and inadvertent motorbike users. Ensure you only use the designated firetrails. Access into wilderness areas is a privilege shared with others. End of Glassons Trail 14.44km

>: Up paved section of Island View Dr to the mud hut

>: Past the locked gate 15.43km

>: Along the firetrail to the ford on the trail leading to Colin Watters Lookout.

Picnic Table located here 16.61km

Colin Watters Lookout. 16.93km

>: Back to Nyari lookout route

>: Pass Nyari Point descent with care

and via left taking the fire trail 17.74km

>: End of trail 21.81km

>: Return via same route

Mud Hut/toilets 22.16km

* Ideal rest stop at the billabong before continuing to Kincumber for lunch

R: Into Bungoona Rd 24.56km

R: Avoca Dr. 24.81km

>: To The Entrance Road/Punt Straight Cycleway

R: Russell St & turn left

L: Adelaide St, East Gosford.

X: Lights at Adelaide/ George St 33.4km

>: Onto Webb St

R: Webb St

L: Onto York St along Shared path

L: Frederick St 34.47km

R: Duke St

R: Masons Pde

L: Onto shared path at Lions Pk

L: At Brian McGowan Bridge

>: Under bridge pass stadium

L: Baker St

R: Into Donnison St



HAZARDS

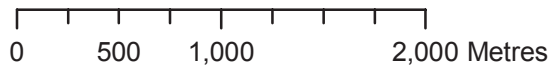
1. Sections of Avoca Dr lack road shoulders cycle with care.
2. Ensure you carry water.
3. Descend the hills with care.
4. Carry spare tubes, tool kit, first aid kit and pump.



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SCALE 1:37,015



THE CENTRAL COAST: A RIDE AWAY!
 For more info on where to stay and what to do visit www.cctourism.com.au

Disclaimer: All care has been taken to ensure the accuracy of this map. However, the publishers, RTA, Gosford, Wyong Councils do not accept any responsibility for errors or omissions.