

## Fat Tyre Fun Ride

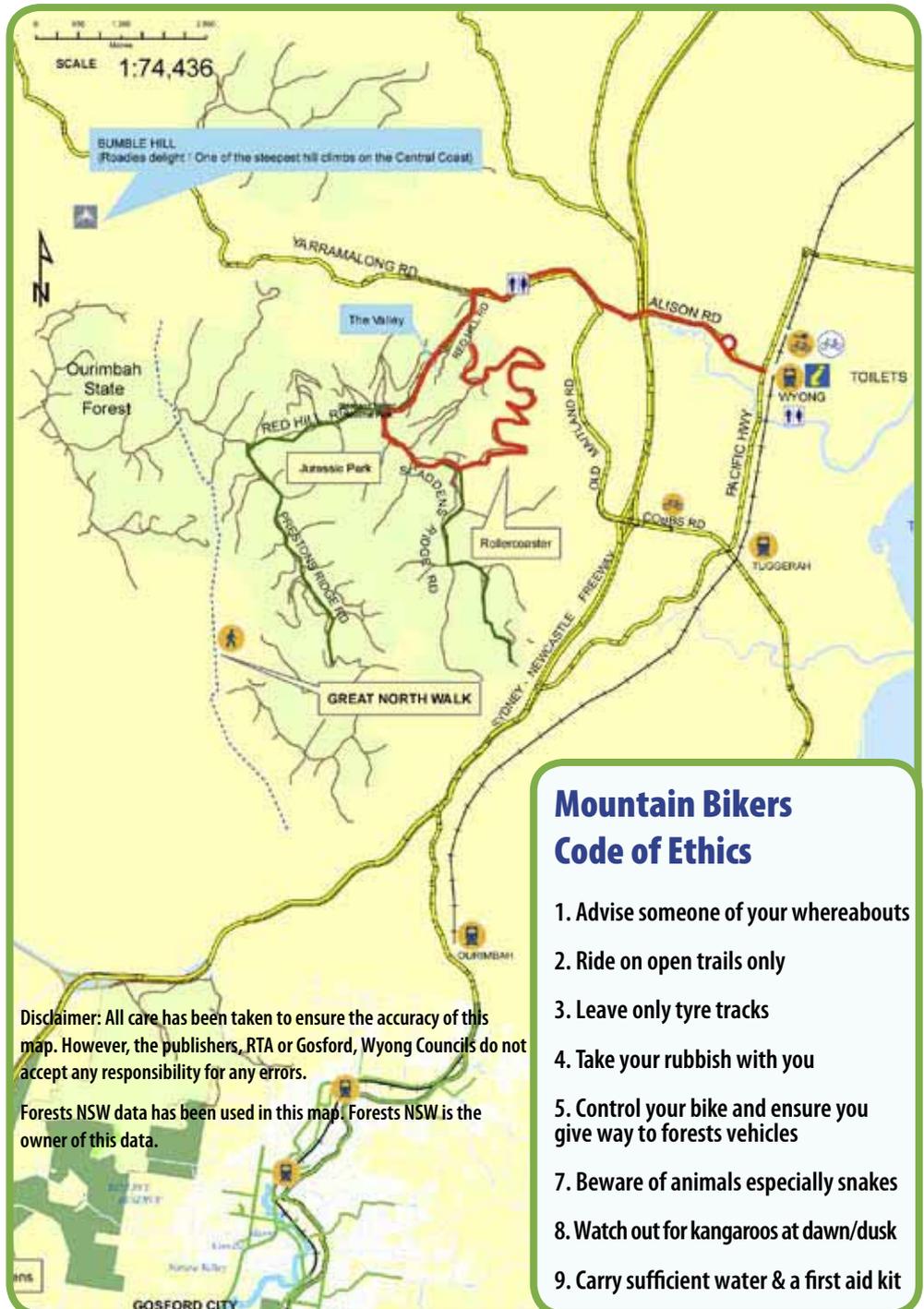
Are you sick of all your regular haunts, keen to test yourself with some fat tyre fun? Then catch the train to Wyong Station and head west to Ourimbah State Forest for some of the best mountain biking Australia has to offer.

### Ride directions

- START** Wyong Train Station Bike Lockers. For information on Bike Lockers visit [www.bicyclensw.org.au](http://www.bicyclensw.org.au)
- R** At Pacific Hwy then left into Alison Road past Wyong Council
- L** At Wyong TAFE Campus 1.0km
- Alison Rd continuing onto Yarramalong Rd 3.2km
-  Woodbury Bridge - no road shoulder exists take care for the next km. 5.8km
- L** Into Red Hill Rd to the Ourimbah State Forest.
- >** Up the hill off road towards Scaddens Ridge turn off.
- L** Into Prestons Rd 10.9km
- Rest Area at ridge top (Rock Bollards) 13.9km
- Turn back here.
- Continue down the hill you just came up and turn right at the forked road into Scaddens Ridge Rd. 19.5km
- >** Along Scaddens Rd at fork. 20.2 km.
- Right to the tower then turn back at the first fork. 22.3km
- R** Into Scaddens Rd and descend down hill. 23.4km
-  Steep hill descent: take care
- Descend towards the quarry then continue back up hill.
- >** Straight at 3 Point Fork 24.0km
- >** Straight past the remnant car. 25.1km
- Right at the fork in the road 30m past Tower Rd. 26.0km
- Downhill section here - take care  
**>** at crossroads section back towards Red Hill Rd. 37.4km
- Red Hill Rd Car Park at the entry to the Ourimbah State Forest then turn right onto Yarramalong Rd which meets Alison Rd 38.8km
- Toilets are available at the BBQ area before the Woodbury Bridge.
- >** Along Alison Rd to the Pacific Hwy 45 km
- R** At Pacific Hwy then left into Wyong Station.
- FINISH** Wyong Train Station 42.5 km. For a coffee visit the general store and enjoy some of the historical photos of Wyong. 42.5km

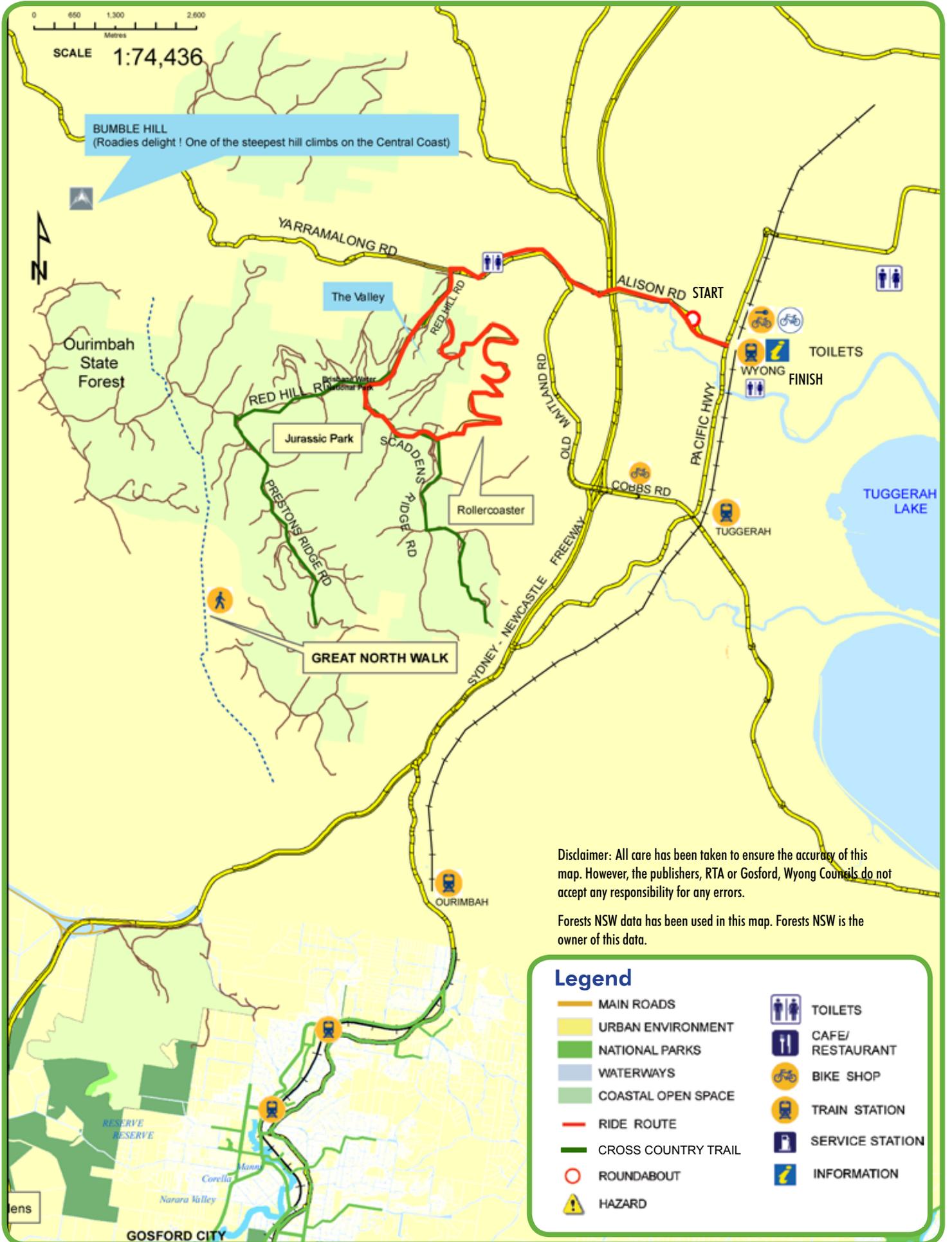
### Hazards

1. Keep to road shoulders
2. Ensure that you have spare tubes, tyres and a pump
3. Be aware that state forests are worksites and heavy vehicles may frequent trails
4. Check fire reports before riding
5. Check for track maintenance schedule at <http://www.131500.info> to ensure a smooth journey
6. Read all signs prior to entering forest



### Mountain Bikers Code of Ethics

1. Advise someone of your whereabouts
2. Ride on open trails only
3. Leave only tyre tracks
4. Take your rubbish with you
5. Control your bike and ensure you give way to forests vehicles
7. Beware of animals especially snakes
8. Watch out for kangaroos at dawn/dusk
9. Carry sufficient water & a first aid kit



**BUMBLE HILL**  
 (Roadies delight ! One of the steepest hill climbs on the Central Coast)

Disclaimer: All care has been taken to ensure the accuracy of this map. However, the publishers, RTA or Gosford, Wyong Councils do not accept any responsibility for any errors.

Forests NSW data has been used in this map. Forests NSW is the owner of this data.

**Legend**

	MAIN ROADS		TOILETS
	URBAN ENVIRONMENT		CAFE/ RESTAURANT
	NATIONAL PARKS		BIKE SHOP
	WATERWAYS		TRAIN STATION
	COASTAL OPEN SPACE		SERVICE STATION
	RIDE ROUTE		INFORMATION
	CROSS COUNTRY TRAIL		HAZARD
	ROUNDBABOUT		