



Family Fun

Catch the ferry from Sydney and experience the Central Coast with your family and cycle the Ettalong Foreshore from the Ettalong Ferry Wharf to the Umina recreation facility. This facility offers a skate park suitable for BMX bikes. It also has a BMX track as well as a junior cycling track, perfect for teaching the youngsters how to ride safely in a controlled environment.

Along The Way

Be sure to enjoy the many restaurants, cafes and hotels on offer on the Peninsula as well as the many beaches. If the family are a little older perhaps you may be keen to discover Pearl Beach or just relax in Umina prior to returning to the ferry.

Hazards

1. Give way to pedestrians when using the Ettalong Foreshore shared user path.
2. Ensure that your children are supervised at all times when using the BMX track and junior cycle course.
3. Ensure that your children and adults are wearing an Australian Standards approved helmet.
4. Ensure that your bike is taken to the rear of the ferry.

Ride directions

START	Left at park behind the bus shelter > along The Esplanade foreshore park reserve
>	Past Ettalong Memorial Club
	BBQ Rest Are 0.9 km
	Toilets 1.0km
>	Through Ocean Beach Car Park
⚠	Watch out for reversing motor cars here
L	Into the Esplanade contra lane 3.0km
L	Into Umina Beach Surf Club Car Park 3.5km
⚠	Watch for cars
>	Onto shared path behind toilets to BMX /Toddler track 4.0km
>	Along cycleway until the end of the track and return
	Stop to enjoy the toddler track, BMX park and BMX/Skate bowl
	Return via the same route to ferry wharf
FINISH	This ride is ideal for visitors from the Northern Beaches of Sydney. It is simply a ride away. Return distance 7.5km
	For more info on where to stay or what to visit www.cctourism.com.au



Disclaimer: All care has been taken to ensure the accuracy of this map. However, the publishers, RTA or Gosford, Wyong Councils do not accept any responsibility for any errors.

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Legend

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|--|--------------------|--|---------------------|
| | MAIN ROADS | | TOILETS |
| | URBAN ENVIRONMENT | | CAFE/
RESTAURANT |
| | NATIONAL PARKS | | BIKE SHOP |
| | WATERWAYS | | TRAIN STATION |
| | COASTAL OPEN SPACE | | SERVICE STATION |
| | RIDE ROUTE | | INFORMATION |
| | OFF ROAD TRACK | | |
| | ROUNDBABOUT | | |
| | HAZARD | | |