

# Bulgandry Indigenous Discovery Bike Ride

## Ride Directions

- START** Gosford Visitors Information Centre bike parking rail
- R** Into the Baker St Car Park and > to the end of the street
  - R** At Public School/Leagues Club car park along the shared path 0.6km
  - X** Road towards stadium entry 0.7km
  - X** Road towards stadium entry and under the bridge and left on McGowan Bridge shared sign 1.1km
  - R** At the next exit after the cricket nets 2.7km
  - >** Onto the Henry Kendall footbridge
  - L** Into Yallabee St at the Gosford RSL turn off
  - >** Continue all the way to Kurrawa Ave
  - L** Into Alukea Ave past Point Clare Train Station onto the cycleway along the waterway. 7.0km
  - >** Across Cycleway bridge Woy Woy
  - >** Past Woy Woy Station along Railway St to the end of the road. Take the first gate through the Woy Woy Waste Depot and turn right along Dillons Fire Trail 2km
  - ⚠** Take care squeeze point exists opposite railway car park. 13.0km
  - R** At the fork in the fire trail. via right again after 100m
  - ☀** At Correa Bay Reserve. 15.3km
  - R** Into Thommos Loop to Woy Woy Road, up Woy Woy Road 200m past Staples lookout. 3km up Woy Woy Road to the Bulgandry
  - POI** Staples Lookout. Visit Staples Lookout on the descent down Woy Woy Road.
  - >** Up the hill and left onto the off road track at the shooting complex turn off 23.1km
  - >** Towards Bulgandry Man Car Park 23.7km
  - ☀** Park bikes here and walk to first POI sign along pathway
  - >** To Bulgandry Man engravings 150m along the path
  - ☀** Respect this area as it is of cultural and historical significance
  - FINISH** Return via the same route 45km



## Bulgandry Indigenous Discovery Bike Ride

Ourimbah holds significant meaning in local language. Embark on the chance to experience some of the richest indigenous culture by bike. Take a self guided tour and learn of middens, encounters with early explorers and the history of Aboriginal engravings.

Ensure respect and cultural sensitivity occurs when visiting sites within Brisbane Water National Park and the Central Coast.

### Along the way

Stop for lunch at Woy Woy and complete your journey with three recommended options:

1. Cycle to Patonga and take the ferry to Hawkesbury River Train Station Brooklyn for lunch and from there the train to Sydney.
2. Cycle to Ettalong from Woy Woy via Ocean Beach Rd and take the ferry to Palm Beach, from there cycle to the Northern Beaches.
3. Continue back to Gosford and stay overnight.

For more information visit [www.131500.info](http://www.131500.info) or [www.visitcentralcoast.com.au](http://www.visitcentralcoast.com.au)

### Hazards

1. Take care crossing Woy Woy Bridge due to the squeeze point.
2. Cross with care when crossing the road to Staples Lookout.
3. Control speeds on descent down Woy Woy Road.