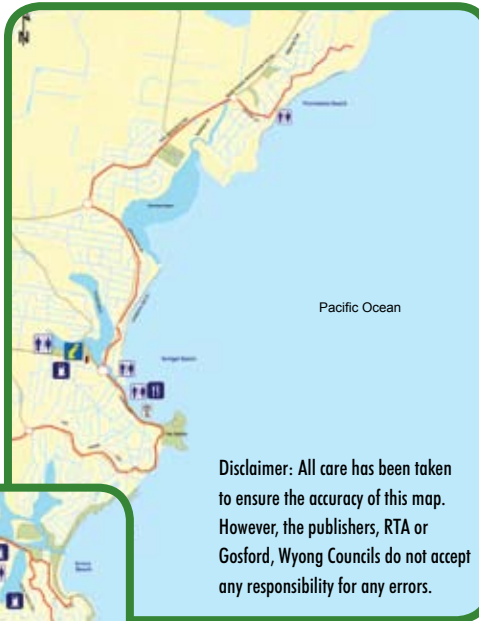




Beach to Beaches

The Central Coast of NSW is famous for its beaches. There's no better way to explore the coast's beaches than by bike. Seeking the glitz and glamour of Terrigal and its family friendly atmosphere; Avoca Beach with its theatre, cafes and surf, or check out Wamberal and Forresters Beach or even Wyrabalong National Park. This ride provides the opportunity to explore it all in one day while jumping in for a swim along the way.



Disclaimer: All care has been taken to ensure the accuracy of this map. However, the publishers, RTA or Gosford, Wyong Councils do not accept any responsibility for any errors.

Hazards

Terrigal is an area of high pedestrian and vehicle traffic, take care.

1. Take the shared path along the Rip Bridge. This bridge does not offer a road shoulder.
2. Take extreme care along Cullens Rd and the Scenic Hwy. The road is narrow in places with no road shoulder, so stay as far left as possible.
3. Take care around Terrigal. It is an area of high pedestrian and vehicle traffic.
4. Ensure that your bike is taken to the rear of the ferry.

Along The Way

Continue north until you reach Forresters Beach. Continue further to Shelly Beach and beyond, or head back towards Ettalong Beach until you reach the ferry wharf at Ettalong for your trip back to Palm Beach and Sydney. Ettalong Beach is the place for an idyllic ride away. Shop, stay overnight, see a movie or dine at one of the many restaurants, perhaps even hire a kayak.



Ride directions

START	Ferry Rd 100m
L	Ocean View Rd
R	At roundabout into Picnic Pde 650m
R	Maitland Bay Dr 1.23 kms
	Use the on road Cycleway available here
X	Maitland Bay Dr with care. Use the Rip Bridge Shared User bridge on the south side
	Give Way to pedestrians on this bridge
>	Through roundabout 3.8kms on Empire Bay Dr
>	Past Cockle Bay Nature Reserve 5.3kms
R	The Cullens Rd at roundabout 12.2kms
>	Through second roundabout and head straight
⚠	Sections of this road lack shoulders - take extreme care
L	Cape Three Points Rd 16.5.kms
	Service Station 18.6kms
R	Avoca Dr roundabout and right at roundabout Toilets 19.2kms
POI 1	Avoca Beach 20kms
>	Back to Avoca Beach village
L	Roundabout
>	Right at roundabout, air station/toilets 21.5kms
⚠	Road shoulders lacking along this section so take due care
R	Scenic Hwy 23.4kms

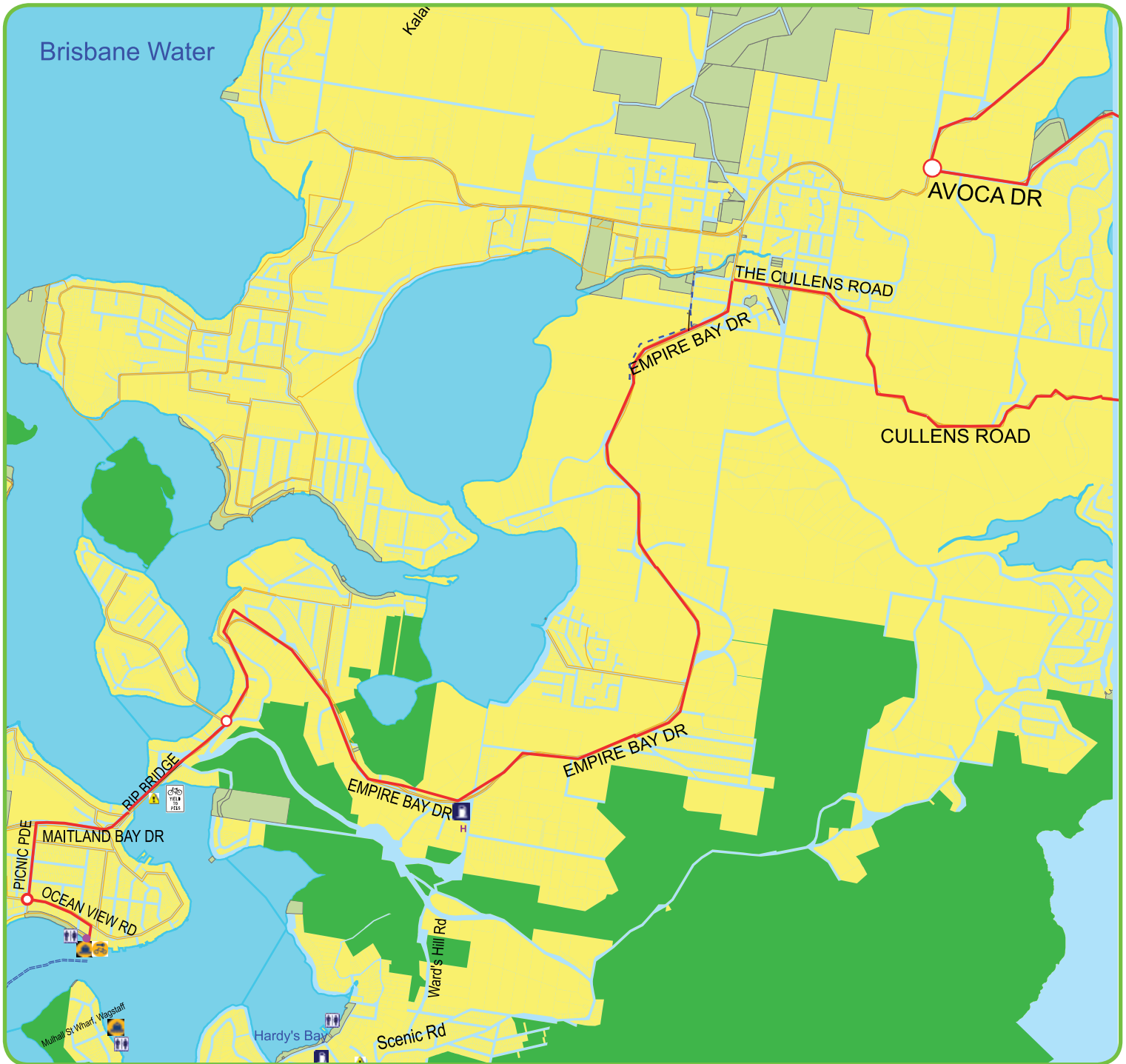
	Consider a break at the fruit stand located here 23.kms
>	Through roundabout 26.2kms
>	Scenic Hwy/Terrigal Esplanade
POI 2	Terrigal Beach - Bike Parking located at surf club. Consider the walk to the Skillion where the vista may let you chance upon sighting a whale
L	Kurrawyba Ave
R	Church St
R	Campbell Cr/ Terrigal Dr
R	Ocean View Dr 30kms
R	Dover Rd
POI 3	Wamberal Beach 31.4kms
>	Ocean View Dr 31.7kms
R	The Central Coast Hwy roundabout 32.8kms
R	Crystal St roundabout 35.4kms
>	Crystal St
POI 4	Forresters Beach
L	Kalakau Ave/South Scenic Rd
R	North Scenic Rd/Cromarty Hill Rd 36kms
FINISH	Return via the same route taking the same turns. The options include returning in time for the last ferry at 5pm at Ferry Road, Ettalong Beach, or continue north and stay overnight at Shelly Beach or one of the other many caravan parks available in Gosford and Wyong such as The Entrance. 72kms



Pacific Ocean

Legend

-  MAIN ROADS
-  URBAN ENVIRONMENT
-  NATIONAL PARKS
-  WATERWAYS
-  COASTAL OPEN SPACE
-  RIDE ROUTE
-  OFF ROAD TRACK
-  ROUNDABOUT
-  HAZARD
-  TOILETS
-  CAFE/
RESTAURANT
-  BIKE SHOP
-  TRAIN STATION
-  SERVICE STATION
-  INFORMATION



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